

ASKSA QUALIFICATION REQUIREMENTS

HOURS	MEANS OF OBTAINING	STATUS
0 – 250	Accredited workshop attendance	Student Kinesiologist
251 – 500	Workshop attendance, home study, at least 2 different kinesiology branches learnt, A&P.	Active Kinesiologist
501 – 1000	Workshops, conferences, get-togethers	Specialised Kinesiologist
1000+	Workshops, etc	Professional S.K.

YEAR 1 HOURS AND STATUS ACHIEVED
STUDYING AT THE KINESIOLOGY CENTRE, NATAL

COURSE	DAYS	HOURS	TOTAL HOURS	STATUS ACHIEVED
TFH 1	2	16	16	student
TFH 2	2	16	32	student
Emotional Kin. I	2	14	46	student
ASONT	4	28	74	student
TFH 3	2	16	90	student
PofR	4	28	118	student
Emotional Kin. II	4	28	146	student
TFH 4	2	16	162	student
TFH Proficiency (optional)	2	16	178	student
Care2 Consult	3	21	199	student- work for donations

YEAR 2 HOURS AND STATUS ACHIEVED
STUDYING AT THE KINESIOLOGY CENTRE, NATAL

COURSE	DAYS	HOURS	TOTAL HOURS	STATUS ACHIEVED
Blueprint I	4	28	227	Student – work for donations
Blueprint II	4	28	255	Active Kinesiologist
Learn2 Learn (opt)	3	21	276	Active Kinesiologist
Innate Intelligence	4	28	304	Active Kinesiologist
Integration	4	28	332	Active Kinesiologist
Anatomy & Physiology (compulsory)	10	100	432	Active Kinesiologist
NT work-books	Own Pace	125	557	Specialised Kinesiologist